



Since 2012, Nihon Institute of Medical Science (NIMS) has provided the annual Summer Program in Portland, Oregon for students. The purpose of the program is to give students opportunities to learn and understand history, culture and medical settings in foreign countries.

In 2019, 46 students applied to the program and were divided into 2 groups. Thirty students of the Department of Nursing and the Department of Radiological Technology visited Portland, Oregon. The other 16 students of the Department of Rehabilitation visited Seattle, Washington.

Pre-program Preparation

Before the program started, students attended pre-program preparation classes to learn English conversation, Medical English and gestures to develop their communication skills with foreign people.



Day 1 August 21, 2019

The program participants gathered at Narita Airport to leave for Portland and Seattle on 21st August. During the program, participants visited Portland stayed at Portland State University accommodation, and the others visited Seattle stayed at Washington University accommodation.



Day 2 August 22, 2019

Portland, Oregon

Participants visited Meals on Wheels People, a lunch center, which is a non-profit organization providing meal delivery service for older adults in their community.



Seattle, Washington

Participants visited the Snoqualmie Falls and the Harbor View Medical Center. At the medical center, Dr. Koichiro Nandate, an anesthesiologist, gave NIMS students a lecture on the medical system and the medical business in U.S.



Day 3 August 23, 2019

Participants visited the Providence St. Vincent Medical Center and participated in a hospital training.



Participants took part in a guided tour of the Boeing factory and then visited the Museum of Flight in Seattle.



Day 4 August 24, 2019

Portland, Oregon

Students had a free day. In downtown Portland, there were famous brands' head offices, such as Nike and Columbia, so many students enjoyed shopping.



Seattle, Washington

Students visited Bastyr University and attended a special lectures on human anatomy and herbal medicine by Dr. Masahiro Takakura, who is working for the MLB Seattle Mariners team as a medical practitioner.



Day 5 August 25, 2019

Participants visited several sightseeing spots in the Central Oregon, the Mount Hood, the Trillium Lake and the Timberline Lodge, where they enjoyed majestic nature and views.

Four local university students guided NIMS students to Seattle city. They took the subway and looked around famous spots in Seattle.



Day 6 August 26, 2019

Portland, Oregon

Participants visited Oregon Health & Science University and the Cedar Sinai Park, which is a facility providing residential and community-based care to older adults.



Seattle, Washington

NIMS students attended a lecture by Dr. Motoki Oshima, who is working for the MLB Seattle Mariners team as a trainer, at the Masa Integrative Clinic. They also visited Seattle Children's Hospital.



Day 7 August 27, 2019

Students tried the Dragon Boat paddling with breast cancer survivor boating team members and visited the Portland office of the Susan G. Komen, a breast cancer foundation. After that, they visited Oregon Health & Science University and attended a lecture by Dr. Daisuke Yamashita. Students learned the difference of medical treatment between the U.S. and Japan.

Students had a free day. they spent the day walking around Washington university campus and going to downtown for shopping. Some students went baseball stadium to watch a baseball game.



Day 8 August 28, 2019

Portland, Oregon

Participants visited University of Portland, and participated in a clinical nursing simulation using the latest human body model. In the afternoon, they moved to Warner Pacific University. Local university students took NIMS participants around the campus.



Seattle, Washington

Participants visited Northwest University. They took a campus tour guided by nursing faculty members.



Day 9-10 August 29 & 30, 2019

Both groups of participants left for Japan on 29th August and safely arrived in the next day.